

# District V Newsletter



June 2020

## Please Welcome Our New Associate Regional Coordinator for the Texas Region

We are pleased to announce Dr. Jessica Hargis has been named to serve as the Associate Regional Coordinator for the Texas Region.

Dr. Hargis has served as an advisor of the Alpha Mu Tau Chapter at Collin College since 2012, and they are consistently recognized as a Five Star Chapter. She is certified in the Phi Theta Kappa Leadership Development Studies Program and has won numerous advisor awards both regionally and internationally, including the Paragon Award and Distinguished Advisor Award. Since 2017, Dr. Hargis has also served as the District II Coordinator.



We are looking forward to working with her!

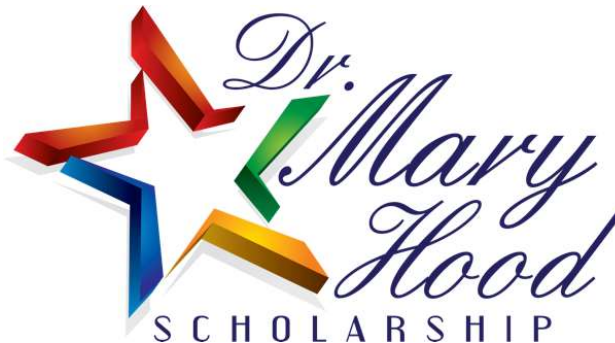
## WHAT'S COMING UP?

### Mary Hood Star Scholarship Applications Due July 3rd!

Only Open to Texas PTK Members

Apply at:

<https://txregion.ptk.org/STARScholarship.aspx>



### Texas Honors Institute

July 17<sup>th</sup> – 19<sup>th</sup>

Details will be coming shortly



Complete Competitive Edge  
by July 10th

Receive your pin at Texas Honors Institute



Want to Know the  
Latest Information  
Follow Us At:

#### Regional

##### Texas Region Facebook:

Just search "Texas Region of Phi Theta Kappa Honor Society"

##### Texas Region Instagram:

Texas Region Phi Theta Kappa  
\*or\*  
texasregionptk

##### Texas Region Youtube:

TXPTK

#### District

##### District V Facebook:

Just search "Phi Theta Kappa – District V of the Texas Region"

##### Contact Info:

Theresa Anthony  
[D5vp@txptk.org](mailto:D5vp@txptk.org)

District V Coordinator:  
Mary Kohls  
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## A NEW WAY TO CONNECT

All District Newsletters can now be found on the Texas Regional PTK Website

Check it out at:

<https://txregion.ptk.org/DistrictVNewsletters.aspx>

## UPDATE YOUR CONTACT INFO

With so much going virtual we may need to send things via mail from time to time.

Please go into the PTK website to verify and update your current contact info.

This is Joe.

Joe just completed **Research Edge** and is ready to get started on Honors in Action.

Joe is smart. Be like Joe.

Texas  
ΦΘΚ

[GetAnEdge.ptk.org](http://GetAnEdge.ptk.org)

## Want to be prepared for Honors in Action?

Complete the Research Edge now. The skills you will learn will be both beneficial for your education and for your future career.

## 11 Things To Do Daily for Your Mental Health

- Exercise
- Socialize
- Express Gratitude
- Spend Time Outside
- Meditate
- Do Something Nice
- Have a Good Laugh
- Sit Up Straight
- Get Adequate Sleep
- Have Something to Look Forward To
- Learn Something New

## New Chapter Officers

If your chapter has recently elected new chapter officers, please send me an email with their information. We want to make sure they receive the latest information.

Thank You!

## We Would Love to Hear About Your Chapter

Let us know what is going on in your chapter and we will work to include it in our upcoming newsletters.

**“All our dreams can come true if we have the courage to pursue them.”**

**--Walt Disney**

# Message from the President



Hello Texas Region,

Now that summer has begun, we know chapters are turning their attention to their Honors in Action projects. We have an exciting new Honors Study Topic, and for the first time, we have a fantastic new resource to help members prepare themselves for a successful project: Research Edge. Research Edge was designed to teach us the basics of scholarly research, as well as how to conduct the various components of the Honors in Action project. I encourage everyone, whether new to Honors in Action or a seasoned veteran, to complete Research Edge right away. I want to see our Texas chapters dominate Honors in Action this year!

I am also tremendously excited about our upcoming Texas Honors Institute. We are planning some amazing programming and will feature fantastic speakers. You won't want to miss this! Make plans to attend this virtual event, July 17-19. More details will be coming very soon, so mark your calendars and get ready for an Honors in Action-filled summer!

Sincerely,

Katelyn Kimbrough

